SUNSMART POLICY

A sense of responsibility; Justice; Self-respect; Personal safety and protection.

Queensland has the highest rate of skin cancer in the world. Because the link between the sun and skin cancer has been clearly established, our school intends to promote a positive environment in support of sunsmart behaviours. Given that students are at school during peak ultraviolet radiation times throughout the day and that most skin cancers are preventable, schools play a major role in both minimising student’s exposure and providing an environment where policies and procedures can positively influence student behaviour.

Our Lady of Mount Carmel school will ensure that every reasonable effort will be made to protect students from the harmful effects of the sun while attending school activities.

1. Promote sunsmart behaviours as normal school practice.
   - Students wear an appropriate broad-brimmed hat or legionnaire hat when outdoors.
   - “No hat no play” rule for break times. Students without hats go to the undercover area.
   - All students eat lunch in shaded areas.
   - School approved sunglasses are optional in the interests of sun safety.

2. The school has maximized the availability and use of shade in the school grounds.
   - A Physical Education covered area was built in 2006 and is used whenever appropriate to do so.
   - Large, portable shade covers are used, where appropriate, for sports carnivals and other outdoor events.

3. Incorporate educational programs about sun safety into school curriculum.
4. Continue to raise community awareness through education.
5. Encourage all staff and parents to be good sunsmart models.
   - Staff are strongly encouraged to wear hats outdoors
   - Parents are actively encouraged to wear hats to school
6. Encourage and support students to use sunscreen
   - Students are encouraged to come to school wearing sunscreen
   - Students are reminded to re-apply sunscreen when participating in outdoor events
7. Where possible, timetable outdoor activities to maximize use of shade
8. Review school uniform requirements to include sun safe standards and options.

The Sunsmart policy is to be reviewed by the School Board as deemed necessary.

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