Dear Parents

I love the slogan that features on the children’s house shirts that many wear on a Friday.

It reads, “Play like there’s no tomorrow… Laugh like no one can hear you… Be part of a community like no other…..”

In the coming days a number of opportunities present themselves for all to actively be part of the Mt Carmel community, a community like no other and I encourage all to do so.

The first of these events is on Friday and it is “Walk for Water” day. While the day should be a lot of fun for our students, it is also a great opportunity for them to develop an appreciation of the hardship faced by many less fortunate than ourselves and actively do something to support them. I encourage you to speak to your children about the purpose for this day and encourage them to do their best to get involved. We will be welcoming a number of visitors to our school on” Walk for Water”day including Bishop Lucio from Mozambique (who is a guest of Caritas Australia), a number of Caritas Australia representatives and our local Federal member Kevin Rudd. Congratulations to our APRE John Bates who has coordinated the organisation of this very important community event on our school calendar. Our day to support the Caritas Project Compassion program will be followed with a family mass on Sunday. Come along and join us for mass at 5.30pm followed by a sausage sizzle outside the Church. We are asking for a gold coin donation at the sausage sizzle and all funds raised will be added to our support of Caritas.

The second community event is a dance on Friday 22 March from 7-9pm, in the school hall for our Yr. 5-7 students. Our Yr. 7 leaders have coordinated this event and have invited the Yr.5-7 students of a number of surrounding Catholic schools & colleges to join them. Entry is $10 and includes admission, a soft drink and a packet of chips. Yr. 7 are hopeful of strong community support for this event.

The third community event I would like to draw your attention to is our ‘annual Mt Carmel Mothers’ Lunch that will be held on Saturday, 23 March. Every mum at Mt Carmel is considered a member of the Mt Carmel Mothers’ Club. Our Mothers’ Club is always ready to welcome others to our community and also there to lend a helping hand when needed.

If you haven’t already done so, please consider buying your ticket to the Mt Carmel Mothers’ Lunch by Friday (15 March). This year’s lunch will be held at the 1920s French-inspired Martini Room at the Story Bridge Hotel. The ticket price of $45 includes fine finger food, a glass of bubbly on arrival, the chance to win a lucky door prize – and an opportunity to catch up with other Mt Carmel Mums. This year’s lunch will also feature live entertainment by ‘The Very’. Raffle tickets will be available to purchase on the day and funds raised will support the activities of the Mt Carmel Mothers’ Club including assisting Mt Carmel families in need and the ongoing sponsorship of Fernando Gusmao (‘Nando’) at St Maria High School Ainaro, Timor-Leste.

I encourage you to attend the annual Mt Carmel Mothers’ Lunch on Saturday, 23 March. To RSVP simply complete the form at the end of the newsletter and return to the school office in an envelope with your payment. More information is included in this newsletter.

Might I suggest our Dads be prepared to babysit late into the night on the 23rd. The lunch is due to ‘officially’ finish at 5pm but has the potential to wrap up much later. This is a great opportunity for all of our mums to become involved… in a community like no other… Play like there’s no tomorrow… & Laugh like no one can hear you….

Have a great week.

Peter Delaney
Principal
Our Lady of Mt Carmel Catholic Primary School
Coorparoo
mailto:pdelaney@bne.catholic.edu.au
CALENDAR

Fri Mar 15       Walk for Water Day
Sun Mar 17                 Family Mass 5.30pm Church
Mar 18-20        Parent/Teacher Interviews
Thu 21 Mar        Gala Sports Day Yrs 4—7
Thu 21 Mar        P & F Meeting 7.30pm Staffroom
Fri Mar 22       Invitational Disco Yrs 5/6/7
Sat Mar 23       Mt Carmel Mother’s Lunch
Thu Mar 28       Cross Country 9am/Whole school Mass 2pm
Thu Mar 28       Last day Term 1
Fri Mar 29       Good Friday
Mon Apr 15       School Resumes Term 2

FROM OUR ASSISTANT PRINCIPAL - ADMINISTRATION

PARENT TEACHER INTERVIEWS:
Many of you have been logging on to PTO from our school website and booking your interviews with your children's teachers. There are, however, quite a number of families who still need to log on and book their times for these interviews. Please make sure you do this immediately. You will not be able to log on and make a booking after 12.00pm tomorrow Friday 15th March.

PARENT PORTAL:
A Parent Portal will soon be available to parents (I am hoping from the beginning of Term 2) which will allow parents to access information directly rather than going to our school website. The Parent Portal will contain information such as Announcements, Calendar items, Photos, Forms, Newsletters, Uniform, School Fees, Sports, The Arts and more and also the provision for parents to notify the school of student absentees and any changes of family details.

The school website will continue to provide this kind of information as well as information being placed on the Parent Portal but my hope is to make the Parent Portal the "go to" place for parent information and phase out the use of the school web site for existing families. The school web site will then become a "public" website with only the basic information that a family from outside the school might be interested in finding out about our school. I will present this Parent Portal initiative at the next P&F meeting on Thursday 21st March if you would you like to come along and find out more.

INVITATIONAL SCHOOLS DISCO:
I am currently organising with my Year 7 Leadership group an Invitational Disco for Mt Carmel School and other Catholic Schools in the area for their Years 5,6 & 7 students. The disco is planned for Friday night 22nd March from 7.00pm-9.00pm. Some of our students will be travelling with Mr Delaney later this week to visit some schools and advertise the disco. The cost of a ticket is $10 and includes a soft drink and a packet of chips. Tickets can be purchased from the school office from next Monday 18th March or at the Hall main doors on the night of the disco.

I will have been to St Helena Island with the Year 5's on Wednesday and at the Catholic Zone Swimming Carnival today as you read this newsletter. Walk for Water Day is tomorrow but I am also attending a BCE retirees ceremony on behalf of the school to wish Mrs Delia Price all the best in her retirement.

I hope you all find Parent / Teacher interviews next week very informative and useful as you discuss your child/ren's progress with the teachers.

The NAB Cup Grand Final between Brisbane and Carlton should be played at Queensland’s Metricon Stadium but we've been ripped off and they are having the game in Victoria. Ah well, Go Lions. Bring home some silverware.

Tony Shaw

4th Week of Lent (School week beginning 11th March)

Caritas

Project Compassion, Week 4, brings you the story of Vannak.

Vannak went back to school and learnt how to do silk screen printing through the Youth Empowerment Project, a Caritas Australia partner, which helps disadvantaged young people to find their way to a brighter future. Vannak is now a team leader and encourages other youths who have dropped out of school to value education.

Your Project Compassion donation is supporting projects like this to empower young people to change their future for the better.

www.caritas.org.au
News from the Assistant Principal Religious Education

Walk for Water Day - Tomorrow

Our much anticipated Walk for Water Day is finally here. The children seem to be very excited about the day. I’d just like to remind you of a few details:

- Please remember to bring a bucket to carry around the course.
- Children wear their usual Friday uniform-House shirts or Sports Uniform.
- Please remind your children about the importance of not wasting water on the day, remembering that it is a very precious commodity for people in third world countries.
- Please bring in a gold coin donation for the sausage sizzle
- Each child will receive a sticker and certificate for their efforts on the day.
- The sponsorship forms and money can be returned to school any time before the school holidays.

Parents are more than welcome to come along and walk with the children.

Our year seven students will host a morning tea on Friday at 10.30am to thank a number of important guests for being a part of our special day. Some of our guests include Mr Kevin Rudd (Federal Member for Griffith), Bishop Lucio Andrice Muandula of Xai Xai, Mozambique, Ms Tricia Ryan (Former Director of Regional Engagement Caritas-Brisbane Arch-diocese) and Mr Joseph Foley (Current Director-Caritas-Brisbane Arch-diocese). This event will also allow our students to ask a variety of questions to our guests. It will be a great learning experience for our school leaders. Many thanks to our year seven teachers and students for preparing well for the day, particularly the members of the Social Justice Committee. A very big thanks also to Mrs Melissa Liddy and her supportive year seven co-ordinators for organising the morning tea.

Family Mass-Sunday-5.30pm

The response to this weekend’s Family Mass has been unbelievable. I was inundated with requests to be involved in the mass. Unfortunately I couldn’t give a job to everyone, but I appreciate very much the offers of assistance. I’m really looking forward to seeing you all on Sunday afternoon. Remember your gold coin donation for the sausage sizzle after mass.

B.B.Q Helpers- Please note

Peter Delaney will be setting up the barbecues from 4.30pm onwards. If you wish to assist with cooking please arrive between 5.00and 5.15. At least 15 people have offered to assist, which is an overwhelming response. Your help is greatly appreciated.

Holy Week Liturgy

On Monday 25th March at 2.00pm in the school hall, our Year 5B class will lead our Holy Week Liturgy. The liturgy will recall all of the events of Holy week from Jesus’ Triumphant Entry into Jerusalem to the Resurrection of Jesus. In the past we have celebrated the Resurrection of Jesus after the school holidays, but as we now have a two week break we thought it would be better to include it in the Holy week liturgy this term. From the 26th to the 28th March you are all welcome to visit our Holy Week Art Exhibition. Artwork from every class in the school will be displayed in the hall for your perusal. I’m sure you’ll be impressed by the beautiful artwork of our children.

I will leave you with this week’s Project Compassion story. Enjoy the rest of your week!

John Bates

Timetable for the Our Lady of Mt Carmel Walk for Water Day Friday 15th March 2013

<table>
<thead>
<tr>
<th>Class</th>
<th>Time for a Start</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preps and Yr.6</td>
<td>8.50</td>
</tr>
<tr>
<td>Yr.3</td>
<td>9.35</td>
</tr>
<tr>
<td>Yr.5</td>
<td>10.15</td>
</tr>
<tr>
<td>Yr.2</td>
<td>10.55</td>
</tr>
<tr>
<td>Yr.1 and Yr.7</td>
<td>11.35</td>
</tr>
<tr>
<td>Yr.4</td>
<td>12.15</td>
</tr>
</tbody>
</table>
OUR LADY OF MT CARMEL PARISH NEWS

PARISH WORKING BEE THIS WEEKEND
Help is needed to keep our Church grounds safe and looking great. If you are free please come along and give a hand this Saturday morning 16 March 7.30-11am. Bring any tools you need to garden, prune etc and morning tea will be provided.
Many hands make light work.
Jerome.

HOLY WEEK AND EASTER AT MOUNT CARMEL

Monday 18 March
Mass of Reconciliation – 7.30pm

Thursday 21 March
Chriasm Mass – 7.30pm (St Stephen’s Cathedral)
Sunday 24 March Passion (Palm) Sunday
Blessing of Palms on forecourt of our Church at all masses
Thursday 28 March Holy Thursday
Mass of Lord’s Supper – 7.30pm followed by quiet prayer till 9.30pm

Friday 29 March Good Friday
Stations of the Cross – 10am
Reconciliation (1st Rite) 11am-12 noon
Commemoration of the Lord’s Passion and Death – 3pm
Saturday 30 March Easter Vigil
Reconciliation (1st Rite 9-10am)
Easter Vigil 7pm
Sunday 31 March Easter Sunday
Easter Sunday – Mass 8.30am (no 5.30pm Mass)

ThinkUKnow is an internet safety initiative which aims to raise awareness of the issues which young people face online and whilst using mobile phones. It is a partnership between the Australian Federal Police (AFP) and Microsoft Australia, and is now proudly supported by ninemsn and Datacom.
Our school will be hosting a ThinkUKnow presentation on April 23rd at 7pm in the hall and all parents, carers and teachers are encouraged to attend. This presentation will cover topics such as how young people are using technology to have fun, online grooming, cyber-bullying, inappropriate content and e-security. This is a fantastic opportunity for you to learn more about how young people have fun online, how you can help them to stay in control on the net, and how to report a problem.
For more information, you can visit the ThinkUKnow Australia website at www.thinkuknow.org.au or contact Charlotte Mercer (Guidance Counsellor).
We look forward to seeing you all at the presentation.

Children First Program
Centacare are again running their Children First Program in 2013. This is a program for children aged 5-15 who have experienced separation or divorce in their families. The program is a fun, educative peer support group which is designed to help children come to a better understanding of the separation or divorce of their parents, and also to help them adjust and adapt to the significant changes in their family life.

The program consists of 5 x 1.5hr sessions and is run in the Fortitude Valley. The Thursday afternoon program runs from 4pm to 6:30pm weekly and starts on the 11th of April. There are also two week long holiday programs in June and September. Cost of the program is $95 for one child and $75 for each additional child.

For more information, pick up a brochure from the school office or phone Centacare directly on 3252 4371.

Tuckshop News: On Fri 15 March Walk for Water Day lunch is Sausage sizzle only. Normal morning tea.

Fri 15 Mar    Rachael Paterson Susan Gunew Tess Sherlock Joannah Ings Amanda Smith
Thu 21 Mar    Sonya Cotelli  HELP NEEDED
Fri 22 Mar    Louise Weir Anita Marshall Sally Grigson Kate Solofa Melissa Young Maria Mccosker Jackie Kerr Catherine Parer Libby McGahon
Thu 28 Mar    Kath Eberhardt Louise Weir Kate Thurecht

If you are available to help with Tuckshop, either on a regular roster or just ad hoc, please contact Kelly Collins – more helpers are needed, especially on Thursdays. PH 3395 5236 – also please call Kelly if you cannot work on your rostered day.
**Learning Centre Corner**

Learning to read is a complex skill which takes on a major focus in the early years of learning at school. During Prep, children are encouraged to learn the names and sounds of letters and following this, the next step is learning to recognise sight words. Some people may ask: What are sight words? In general, sight words are the high frequency words that are most commonly seen in print. They are the service words that must be quickly recognised in order to read fluently. Many of these words are non-decodable (impossible to sound out), so it is best that they be learned and recognised by sight. Besides, if children have to sound out every word, it becomes laborious and children are more inclined to want to give up. If they can recognise high frequency words by sight, it helps build their confidence and fluency in reading and thus reading becomes more satisfying and makes more sense.

Parents can play a huge role in supporting children to learn sight words. In the early years when teachers send sight word lists home for parents to revise, it is extremely important for parents to find that ten to fifteen minutes a day to ensure that it happens. It is also a good idea to revise them daily because consistency promotes transfer to long term memory which children can then draw on when they see these words in their everyday learning. If children get off to a bad start with learning sight words, the whole process of reading is jeopardised. Learning sight words can be a fun family activity to increase the bond between parent and child. Here are some ideas for teaching sight words:

- Make flashcards and play snap games.
- Play matching and sorting games.
- Find high frequency words in books.
- Write high frequency words in the sand.

Other words that are important to children include their name, names of friends and family, environmental print words (logo’s, signs), and things of great interest to the child (princess or dinosaur).

You can access many exciting and free sight word games on the internet. Here are some websites you may like to explore:

- [http://www.cookie.com/kids/games/sight-words.html](http://www.cookie.com/kids/games/sight-words.html)
- [http://www.netrover.com/~kingskid/dolch/dolch.htm](http://www.netrover.com/~kingskid/dolch/dolch.htm)
- [http://www.fun4thebrain.com/English/popcornWords.html](http://www.fun4thebrain.com/English/popcornWords.html)
- [http://www.dolchword.net/dolch-pre-primer-games.html](http://www.dolchword.net/dolch-pre-primer-games.html)

**LEANNE CROFT AND KERRY KEARNS**

---

**Worldwide Marriage Encounter:** A weekend away for married couples in peaceful, picturesque surroundings – away from the distractions of everyday living. Take time out of your busy schedule, to invest in your most precious asset . . . your Marriage! This is a unique opportunity to recharge your relationship batteries, refocus on each other and fall in love all over again!

**Weekend date:** 24 - 26 May 2013

**Venue:** Santa Teresa, Ormiston QLD

**For bookings/details contact:** Tamara and Scott Menteith, ph (07) 4634 3559, stimen@aapt.net.au

Information website: [www.wwme.org.au](http://www.wwme.org.au)

---

**CAN YOU HELP?**

Used Nespresso coffee pods are needed for a recycled contemporary sculpture that a school parent is working on about 'Coffee- Communities - Collaboration'. Please collect used pods and place in container in school office if you can help. They are suitable just as they come out of the machine - with the holes and coffee in them! Any number is helpful as there are a lot to collect. Please contact Nat O’Gorman on 0422 953 516 or aongus.nat@bigpond.com if you have some pods but can't make it to the office. Thank you to all for your help ;)

---

**REMMINDER:**

Term 1 school fees are due tomorrow FRIDAY 15th March 2013.
P&F Update

Nearmap
Is there a school parent who has a subscription to Nearmap and may be able to assist in the production of a site map to assist with for the school master planning process? Please contact Kim Broadfoot on pandfmcarmel@gmail.com.

Staff morning teas
It has been a tradition for the P&F to organise a morning tea for staff once a term, and an end-of-year lunch. This is one way of showing how much we appreciate the huge contribution of all of our staff. Bridget Murphy-Ward is coordinating this activity in 2013 and is looking for a volunteer from each class to provide goodies for the first morning tea on Wednesday 20 March. Please respond through your class coordinators if you would like to assist for this morning tea or another one later in the year.

Mothers Lunch 23 March
The annual Mothers Lunch is less than two weeks away, so please send in your RSVPs (attached to the newsletter). This is usually a very entertaining afternoon and a great way of getting to know people a bit better. Envisaging a rather staid affair, I made the mistake in my first year at Mt Carmel of telling my husband I would be home by 3pm.....so set the right expectations, pull out your favourite frock and comfiest heels, and enjoy a lovely afternoon with new friends.

Hats and shirts
With the Cross Country coming up soon, if you don’t have a house colour shirt, they are available in the school office. Sports visors are also handy for running ($5). Please don’t forget to label all headgear well, as the children do take the brown hats off for races.

P&F Meeting
The March P&F meeting will be held next Thursday 21 March at 7.30pm in the staffroom (note the change of date).

Students celebrating Birthdays this week

Chloe Kinross     Grace Kinross     Raif Kristenson
Archie Marshall   Katherine Atkinson
Sophie Kearns     Hannah McCahon
Lydia Berkman     Anna Rowland     Jordan Russell
Nora Antu         Isabella Fox
Sienna Lyons
Elise Burke       Felix Mar Fan    Alex Vasiou
Woolworth earn and learn treasure trove
Mrs Allan and I have had great fun unpacking the earn and learn boxes this week. The great news is that every classroom received items because they got to choose three items each from a huge pile of board games, educational games and logic puzzles that I ordered with spare points. Some of the other items which were supplied off the teacher wish list were drama costumes, music equipment, phonics resources, educational software programs and of course, library books! Thank you again for your support of the earn and learn program.

Outdoor Space naming competition
This competition was launched this week. If your child would like to participate, they will need to enter by visiting the Resource Centre at lunchtime. The child who comes up with the winning name will receive an individual prize pack and win a private lunchtime popcorn party for their class.

As prep students do not have lunchtime access to the library, they will have the special job of naming our two outdoor space "mascots", a frog and gorilla that were uncovered in the overgrown jungle garden clean up. Prep students will bring home an entry form next week for this competition.

We have already seen other teachers and school officers taking full advantage of the space. If you can't find Mr Thomson in the shed, you will probably find him using on the bean bags in his outdoor "PE Classroom"!

Non-screen reading time
There are now many studies showing that people who are using screen-based electronic devices just before bed find it very difficult to get to sleep. A perfect way to encourage your child to settle before bed is by having a "no screen" 10 minute book bedtime policy, so that students are relaxing, calming and preparing their brains for a good night's rest. Also this "read before sleep" association will mean that the children will usually become sleepy and settle more quickly as the habit forms. Of course, some compelling books are hard to "put down" (my own mum had to confiscate my secret bedtime reading torch) so often it is light reads like a short story, an easy chapter book, a comic or even a magazine that suit this ten minute window.

Outside School Hours Care
We offer some suggestions and children can choose to participate or be involved in other tasks:

Monday Hama beads, Freeze frame, Paper weaving fun, Active after school sport, Hula hoop activity.
Tuesday Skill sticks art, Heads down thumbs down, Flower chain shape, Scoop ball, Foam flyers, Rhythm ribbons.
Wednesday Peg art and craft, Connect four, Mobile creations, High stepper, Target toss, Skittles, Catch ball.
Thursday You design banners, Trampoline fun, Create pirate hats, Hand ball, Rainbow playballs, Jelly spike balls.
Friday Multi coloured pom poms, Bean bag circuit, Red hot letter, Collage, Multi sport activities, Skipping fun.

P: 07 3847 9585  F: 07 3847 9858  Norfolk Street, COORPAROO 4151

INTERNET BANKING DETAILS:  BSB 064-786  Account# 310861800  Account name: OSHC Mt.Carmel  Reference No: Child's full name
Before school capped at 15 /After school capped at 30  PARENTS NOTE: Please come and see Grace personally about casual bookings.
Permanent bookings are charged on being ABSENT or in ATTENDANCE.
MT CARMEL MOTHERS LUNCH
SATURDAY 23RD MARCH
12 NOON TO 5PM
THE MARTINI ROOM, STORY BRIDGE HOTEL

Don't miss the most anticipated social event on a Mt Carmel Mum's calender.
Delegate your regular Saturday afternoon commitments and take some time out for you!

This year's lunch will be a cocktail-style affair featuring fine food and an array of great raffle prizes
- plus live music in the 1920s French-inspired Martini Room.

The lunch provides an opportunity to catch up with Mums from all year levels.
New mums are especially welcome!! Past Mums are welcome back too.

Cost: $45 per person
Includes fine finger food and a glass of bubbly on arrival.
Beverages can be purchased from the bar.

RSVP: By Friday 15th March 2013
Please complete the attached slip and hand it into the office with your payment in an envelope.
Payment can be made by cash or cheque (cheques made payable to the Mt Carmel P&F).

Funds raised help support Mt Carmel families in need and the ongoing sponsorship of Fernando Gusmao "Nando" of Timor-Leste.
We have proudly supported Nando for the past 6 years.
If you can help with raffle prizes for the day, please contact Susan Gunew (0418151117 or mgunew@optusnet.com.au)
OR Maria White (0400264116 or Blairand maria@vpmsol.com.au)

---------------------------------------------

MT CARMEL MOTHERS LUNCH RSVP
12 NOON TO 5PM ,SATURDAY 23rd MARCH 2013

NAME
NAME OF ELDEST CHILD AND CLASS
DIETARY REQUIREMENTS
PAYMENT METHOD

---------------------------------------------
Mt Carmel Mothers’ Lunch

SATURDAY, 23 MARCH 2013

The countdown is on to the hottest ticket in town – don’t miss out!

It’s almost time to frock up and get down to the Story Bridge Hotel for the annual Mt Carmel Mothers’ Lunch. If you haven’t bought your ticket yet, please do so tomorrow as we need to advise the venue of final numbers. To RSVP simply complete the form attached to this week’s newsletter and return to the school office in an envelope with your payment.

This year’s lunch will be held at the 1920s French-inspired Martini Room at the Story Bridge Hotel. The ticket price of $45 includes fine finger food, a glass of bubbly on arrival, the chance to win a lucky door prize – and live music by ‘The Very’.

Raffle tickets will be available to purchase on the day and funds raised will support the activities of the Mt Carmel Mothers’ Club including assisting Mt Carmel families in need and the ongoing sponsorship of Fernando Gusmao (‘Nando’) at St Maria High School Ainaro, Timor-Leste. A big thank you to those who have kindly donated prizes including:

- A beauty treatment from Renew Relax Maintain (thanks to Fiona Corkill)
- 2 x bottles of Mumm Champagne (thanks to the Nucifora and Sherlock families)
- 2 x $100 Westfield gift vouchers (thanks to HKS Financial Planning)
- 2 x $30 Sing’s Asian Kitchen dinner vouchers
- A $250 skincare gift basket (thanks to Cath McCahon)
- A voucher for a style cut and blow dry from Flavr Hair Studio
- Vouchers from Kylie Ryan, Flute, Chris’ Supa IGA
- A $100 Hotel Grand Chancellor Brisbane Restaurant voucher (thanks to the Yared family)
- 2 x beach gift packs (thanks to Bev Walters Mobile Travel Agents MTA)
- A haircare pack (thanks to the Makras family)
- 3 x professional photo portrait vouchers from Deep Grey Photography
- A gift pack from the Go Vita Health Food Store, Chermside (thanks to Leah Peck)
- A gourmet gift pack (thanks to the Ings family)
- A Glasshouse candle/soap gift pack (thanks to the Tunney family)
- A Royal Doulton diffuser (thanks to Neville and Therese Sherlock)
- A ‘Bag full of Beauty’ valued at $150 from Terry White Chemists Brookside (thanks to Bridget and Dean Totterman)
- 2 x 10 sessions at Coorparoo Boxing Gym valued at $90 each (thanks to Harry and Maryanne Costi)
- A perfumed jewellery pendant, perfume and chain (thanks to Jenny Vedelago).

Raffle prize donations are still welcome! If you can help, please contact Susie Gunew (0418 151 117 or mgunew@optusnet.com.au) or Maria White (0400 264 116 or blairandmaria@vpnsol.com.au).
LETTER FROM MR THOMSON

7th March 2013

Dear Parents

On Thursday the 21st March Our Lady of Mt Carmel students from years 4 to 7 will be participating in a gala sports day with four other local Catholic primary schools. It is our aim that students will be able to experience fun, social sports played inclusively against like-minded students.

As this is our first gala day, sports are designed to be inclusive and open to all players. Teams will all be of mixed ability and where possible mixed. No competition ladders will be recorded and no results kept. The aim of the day is to (be):

1. Inclusive for all students
2. Open to all students
3. Encourage social interaction
4. Provide an opportunity for all students to represent their school
5. Have fun

The two sports are ‘zone based’ sports where every student will rotate through each zone providing them with a varied experience of all position on the field/court.

There will be two sports for students to choose from, with both games containing only basic rules to allow students to pick them up easily. The first is 9-a-side Australian Rules and the second is modified Korfball (inclusive zoned netball style game). Both sports are open to both boys and girls, however the Australian Rules will be played separately, while the Korfball will be mixed. In the next few days students will be asked to choose which activity they would like to participate in on the day and while I do aim to include everyone in their first choice sport, some may miss out if numbers dictate.

Any parents who are able to help out on the day would be greatly appreciated, as it would allow us to place one adult per team.

If you have any questions regarding this day please feel free to contact me at school or if you are keen to help out please do likewise.

With thanks

Luke Thomson