Dear Parents

**ANZAC Day**

I hope all enjoyed the public holiday on Thursday to commemorate ANZAC Day. At today’s assembly our Yr. 6 A class led a moving liturgy to honour all who have fought to protect the Australian way of life that we are privileged to enjoy. Thanks also to past pupil, James Dowling, who returned to Mt Carmel to play the Last Post as part of our assembly celebration of the ANZACs.

**Working Bee Sunday 5 May 1-4pm- We Need You!**

A sense of community is very important to any school and Mt Carmel is no different. I believe it is very important to get involved at the school you have chosen to send your children. Our School Working Bee, scheduled for Sunday 5th May, is just one way you can get involved. While making a valuable contribution to the maintenance of the school grounds, more importantly it is a great opportunity for families to establish links with other families in the school.

The working bee will run from 1.00pm to 4.00pm and all volunteers are asked to gather in the shed from 1pm where jobs will be allocated. The working bee will be followed by complimentary drinks and sausage sizzle. The response so far has been somewhat “underwhelming”. We really need 100 participants if we are to get done what we would like to do.

If you think you can volunteer a few hours on Sunday the 5th May from 1pm please email parent, Dominic Murphy, who is coordinating this event on djmurphy@qldbar.asn.au. We would love to see you and your support would be greatly appreciated. Please bring with you any gardening equipment you can especially long handle forks, picks, mattocks, hedge trimmers (extension cords), long handle hedge trimmers, secateurs, wheelbarrows and/or bins.

**Think U Know Parent Evening**

Thanks to all who came along to the parent information evening addressing cyber safety on Tuesday night. I would like to thank Charlotte Mercer, our Guidance Counsellor, for organising this event presented in conjunction with the Australian Federal Police and Microsoft. I thought it worth sharing the Top 10 Tips for Parents that were presented on the night in relation to helping ensure the safety of your child when using the internet.

1. Have an open dialogue with your child about what they do online
2. Learn about technologies and applications they are using
3. Reinforce the message “Think before you post”
4. Keep personal information private
5. Have computers in public areas of the home.
6. Discuss rules around mobile phone and internet use with your child and what they should do if something makes them uncomfortable.
7. Ensure your child only speaks online to people they know and trust offline.
8. Don’t let your immediate reaction be the removal of access to the internet or mobile phone. Deal with the issue, not the technology.
9. Install real-time protection for your computers and devices and utilise parental controls found in your operating system
10. Report suspicious behaviour to the appropriate authority.

More detailed information can be found at the website [www.thinkuknow.org.au](http://www.thinkuknow.org.au).

**Mothers Day Stall**

Please note that the decision was made at a P&F meeting earlier this year not to proceed with the Mother’s and Father’s Day stalls that have been offered at school in the past. This decision was made after considerable discussion at the meeting. While children will not have the opportunity to purchase gifts at school I would assume they will be involved in a range of craft/art activities across year levels to mark the celebration of the contribution of our mums and dads.

**Fete**

Preparations for the Mt Carmel Fete in early August are already well underway. In last week’s newsletter Tracey Laidlaw, parent and convenor of the fete, outlined a range of opportunities for families to involve themselves in the fete. For those wanting to get an idea of what the fete involves, or to catch up on past events, an online Box account of the 2010, 2011 and 2012 fete photos has recently been established. Click on the link below to view the photos.

[https://www.box.com/s/74yovce7hplgrf1qy1q](https://www.box.com/s/74yovce7hplgrf1qy1q)

**Staff Parking**

In an effort to reduce some of the parking congestion around the school staff have been invited to now park their cars in two areas of the school grounds. These are the grass area behind E Block (using the Keera St entrance) and the bitumen area outside of the hall (using the Norfolk St entrance behind the Presbytery). **Please note that these parking areas are for staff only.** Hopefully this will get about 15 cars off the surrounding streets. I would ask all parents to refrain from using these entrances to the school to drop children off. It is much safer to drop your child in the ‘drop off zone’ in Norfolk St.

Have a great week

Regards

**Peter Delaney**

Principal
Our Lady of Mt Carmel Catholic Primary School
Coorparoo
mailto:pdelaney@bne.catholic.edu.au
Mt Carmel Mothers’ Lunch Thank You!

Thank you to all the wonderful women who attended this year’s Mt Carmel Mothers’ Lunch on 23 March and raised almost $3,000 to help Mt Carmel families in need and the ongoing sponsorship of Fernando Gusmao (‘Nando’) at St Maria High School Ainaro, Timor-Leste.

This year’s lunch lived up to its reputation for being a glamorous and gregarious affair with the Martini Room at the Story Bridge Hotel providing the perfect venue for an afternoon with new and old friends. As usual, the MC had trouble getting a word in with the laughter and chatter pausing only long enough to hear the lucky raffle winners. A big thank you to those who trouble getting a word in with the laughter and chatter pausing only long enough to hear the lucky raffle winners. A big thank you to those who generously donated raffle prizes including the Makras, Nucifora, Sherlock, Yared, Ings and Tunney families as well as Fiona Corkill of Renew Relax.

Congratulations to our ‘celebrity couple’, Sarah Prestridge (Kurt Cobain) and Maria Angeli (Courtney Love) who found each other and registered to win a bottle of bubbly each.

Thanks too to Christine Hill of the Story Bridge Hotel for being so easy to work with and accommodating our every request.

Every Mum is a member of the Mt Carmel Mothers’ Club – ready to welcome others into our community, lend a helping hand when needed, or bring a plate when asked – and we thank you for your ongoing assistance and generosity.

Susie Gunew, Joanna Ings, Maree Nucifora, Tess Sherlock, Renée Tunney, Maria White
Resource Centre News

2013 Reading Stars Program (May – August)

Our annual reading promotion and incentive program launches next month with the start of National Family Reading Month (May). This program continues right through until our School Book Week at the end of August. There will be some reading participation programs and of course Book Fair, National Simultaneous Storytime and special Book week activities. There will be a separate attachment to next week’s newsletter with lots of information about the May activities. I can promise you that there will be something for everyone, regardless of your child’s reading level.

CBCA Nominated Books

The 2013 list of nominated books came out at the end of the Easter holidays. We already have all of the Early Childhood and Picture book titles in our library collection except for one. I will be sharing the Early Childhood books with the children in Prep, Year 1 and Year 2 in Term 3 in the lead up to our school book week. The older students will also have the opportunity to vote on their favourite book nominated in the picture book category. However if you are interested in sourcing your own copies of any of these titles, the list of all shortlisted books can be found here: http://cbca.org.au/Shortlist2013.htm

Woolworths Earn and Learn

Thank you to all who have already started sending their stickers in. Sticker charts can be downloaded from the Woolworths website at: http://www.woolworths.com.au/wps/wcm/connect/Website/Woolworths/About%20Us/Community/Woolworths%20Earn%20and%20Learn/pointscard
Alternatively, just send in your stickers in an envelope or drop them in the box in the school office and we will collate the sheets.

The points are spent in all sorts of ways around the school. One of our most fun purchases with last year’s points was some new costumes for the Drama Room. As you can see from the photo below, the children had a great day “trying out” some new looks!

Monday 6th May will be
“Mt Carmel Ban Bully Day”
We encourage all to wear orange on this day to raise awareness of bullying.
LEARNING CENTRE CORNER:

Most parents are well aware that Naplan (National Assessment Program – Literacy and Numeracy) is on the horizon for Years 3, 5 and 7. The main purpose of this testing is to gain an overall picture of educational attainment levels that can assist education policies and decision making. Many children don’t stress at the thought of Naplan Tests, taking them in their stride and wondering what all the fuss is about. However, for others, the pressure of Naplan Tests can cause anxiety. As parents and educators, we can help our students to view the Naplan Test as a good learning experience rather than a dreaded pressure test. Some tips for handling your child prior to Naplan is:

Taking your cues from the child. If they aren’t worried about Naplan, neither should you. Be careful not to create a problem that doesn’t exist by incessantly talking about it which can cause anxiety levels to increase.

Focus on doing their best: If your child mentions that they are feeling a little nervous at the prospect of doing the Naplan, listen to them and remind them that tests can sometimes be scary but it’s all about doing their best and not concentrating on the end result. If you know that your child is prone to anxiety, give them some simple relaxation strategies they can use on the day. Remind them to take some deep breaths before the test, count to ten slowly in their head before starting and do some morning exercise on the day of the test to release built up stress.

Help your child to maintain perspective. Remind them that if the worst happens and they don’t do as well as they would like, that the sun will still rise the next day and everything will be okay. Keeping perspective is a life skill that we all need to practise. Recall a time in your schooling when you felt anxious and share strategies you used to cope. Sharing your experiences reminds them that their feelings are normal and will pass.

Ensure your child has a hearty breakfast on the day of the test.

Finally, keep in mind that Naplan is just a small snapshot of your child’s ability and doesn’t provide the full picture of a student’s learning potential.

LEANNE CROFT AND KERRY KEARNS
**Fete Update**

The Fete Committee had its first meeting on Monday night and plans are well underway for another exciting Fete at Mt Carmel. All Committee positions have now been filled but there are still a few coveted stall convenor roles available. We would love to hear from anyone interested in convening the following stalls – Penalty Shoot-Out, Chance Cellsars, Ring a Coin and the Jewellery Stall.

Please contact Tracy tracylie@optusnet.com.au 0409 274 880 to take advantage of this great opportunity.

Date claimer: Stall Convenor Meeting - Tuesday 21 May 7.30pm, School staffroom

Don’t forget to visit us on www.mtcarmelfete.com.au and like us or be our friend on Facebook facebook.com/mtcarmelfete to keep up to date with what is happening.

---

### 2013 Fete Committee Contacts

Tracy Laidlaw, Fete Convenor tracylie@optusnet.com.au 0409 274 880

Maria Becconsall, Marketing Communications Convenor maria.becc@gmail.com 0407 751 960

Christina Jones, Marketing Communications Convenor christinaj@optusnet.com.au 0478 165 460

Catherine Brosnan, Marketing Communications Convenor cbrosnan@infaredev.co.uk 0400 799 079

Libby McGahan, Marketing Communications Convenor libbymcgahan@hotmail.com 0411 534 616

Tammy Spiller, Marketing Communications Convenor tammy.spiller1807@gmail.com 0416 133 355

Nikki Reid, Entertainment Convenor nreid@brisbanemarkeing.com.au 0416 232 806

Paula Atkinson, Prize Sponsorship Convenor patkinson@bne.catholic.edu.au 0435 100 371

Michael Dann, Cash Sponsorship Convenor michaeld@allfixfasteners.com.au 0411 877 711

Ian Eberhardt, Equipment Convenor iandental@live.com.au 0411 756 148

Ian Rae, Equipment Convenor ianrae.services@gmail.com

---

### Outside School Hours Care

We offer some suggestions and children can choose to participate or be involved in other tasks:

**Monday** Fantastic shaped bead boards, Musical statues, Weaving activity, Volleyball, High stepper, Paddle ball.

**Tuesday** Design different characters, My grandmother went to the market, Bat tapping, Flower chain, Balance board.

**Wednesday** Mask making fun, Connect four, Human machine, Sewing creations, Jelly spike balls games, Dinosaur feet.

**Thursday** Peg art and craft, Person to person, Skill sticks, Forty four home, Up down all around, Catch ball, Super flyer Frisbee.

**Friday** Design your own foamies creation, Silent ball activity, Fabric fun, Speed touch, Handball games, Adventure playground activities.

P: 07 3847 9585  F: 07 3847 9588  Norfolk Street, COORPAROO 4151

INTERNET BANKING DETAILS : BSB 064-786  Account# 310861800  Account name: OSHC Mt.Carmel  Reference No: Child’s full name

Before school capped at 15 /After school capped at 30  PARENTS NOTE: Please come and see Grace personally about casual bookings.

Permanent bookings are charged on being ABSENT or in ATTENDANCE.
Nespresso 'used' COFFEE PODS still needed!

Thank you to everyone who has been collecting their used coffee pods. Please keep collecting! 6 weeks left to collect. Currently there are over 500 pods in this piece and over 2000 connector clips. A great community collection!

Many laughs, tears, conversations and energy bursts must have occurred while consuming all this coffee!

Please place used pods in tub in office, in Dan's locker/bag in Prep B, in person or call/mail me to collect Nat O'Gorman 0422 953 516 aongus.nat@bigpond.com THANK YOU

BRISBANE SOFTBALL ASSOCIATION

We are seeking participants (boys & girls) for a great new initiative we are running during winter. The Clinic's will be run over five weeks starting on 11th May 2013 at O'Callaghan Park, Zillmere.

The focus of the clinic is "participation and fun" for our junior players whilst also developing their softball skills. The clinic is open for boys and girls between 10 and 15 years of age.

The cost of participation is $49 and includes access to equipment, specialist coaches, Brisbane Softball Association game shirt, insurance and registration.

Softball is such a great game for both boys and girls. We hope to attract existing and new players alike to help promote youth participation in our great sport!

If you would like to sign-up please contact our clinic co-ordinator Nicky McCulloch on 0411 394 535. There will also be an official sign-on day at O'Callaghan Park, Zillmere on the 27th April from 1pm.

Go Sports will be offering the following coaching classes at Mt Carmel in term 2.

SOCCER grades prep-4, NETBALL grades 2-5 at 7:45-8:30am and MULTI-SPORTS grades prep-1 at 3:10-3:55pm commencing Wednesday 1st May.

Our coaches teach the skills and rules of the game in a fun environment. Go Sports is now offering Pre Prep (3.5-5 years) Multi Sports classes at a venue near you. Please see the website for more information.

SCHOOL BANKING

There is a delay in issuing the reward of Torches. We hope to issue these items to school bankers next week.

INVITE YOUR FAMILY & FRIENDS TO JOIN IN THE FUN OF YOUR LOCAL MILLION PAWS WALK

REGISTER ONLINE & START FUNDRAISING TODAY!

www.millionpawswalk.com.au

SUNDAY 19 MAY
**SUNGLASSES AT SCHOOL**

As part of our commitment to being a Sun Safe School, we are looking at purchasing school sunglasses which would be available to buy for all students at Mt Carmel.

These sunglasses would be encouraged and accepted as a part of the school uniform, but would remain optional for students.

Sunglasses will be available to purchase from the school office at a cost of $16.95 a pair. The sunglasses are black in colour, feature a space on the arm for students to write their names and come in a range of sizes from small (4-6yrs) and medium (6-8yrs) to large (8-11yrs). Most importantly, the sunglasses have an eye protection factor of EPF10 which is the highest available in Australia.

If you are interested in purchasing a pair of cancer council approved sunglasses for your child please detach the slip below and return it to the office with payment in a clearly marked envelope indicating the child’s name and size of sunglasses required.

---

I……………………………………………………………………………….. (parents/guardian) would like to purchase ………………………(number) pairs of Cancer Council sunglasses for my child/children. ………………………………………………………………………………………………………...

…………………………………………………………………………………………………………………………………………………………………………………………………………………………...

I have enclosed: $……………………………………….. By CASH.

---

Please join us for the **School Working Bee** on **Sunday 5th May at 1.00pm to 4.00pm**

To be followed by a few drinks and sausage sizzle.

Please bring with you any gardening equipment that you can... especially long handle forks, picks, mattocks, hedge trimmers (extension cords), wheelbarrows, bins.

We will meet in the shed at 1.00pm.

Please email Dominic Murphy on djmurphy@qldbar.asn.au if you are able to help out.

**MT CARMEL P&F NOTICE OF ANNUAL GENERAL MEETING**

The P&F AGM is being held on:

**THURSDAY 9 MAY at 7:30pm in the STAFF ROOM  ALL WELCOME**

Executive Positions to be filled at this meeting:

- Treasurer
- Assistant Treasurer
- Secretary

---

**Tuckshop News :**

**ROSTER**

<table>
<thead>
<tr>
<th>Wed 1 May</th>
<th>Ornella Lazzarini  Paula Roberts  Janelle Tsockallos</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thu 2 May</td>
<td>Simone Ryan  Pauline Mednis  Natalie Ryan  Marcus Soo</td>
</tr>
<tr>
<td>Fri 3 May</td>
<td>Marcella Walker  Michelle Milner  Coleen Zenenos  Hiromi Goto  Kelly Rigby  Louise Bukowski  Jill Mee</td>
</tr>
<tr>
<td>Wed 8 May</td>
<td>Raelene Garvey  Kelly Mason  Kate Solofa</td>
</tr>
<tr>
<td>Thu 9 May</td>
<td>Jennifer Cochrane  Sharni Cotter  Kelly Joyce</td>
</tr>
<tr>
<td>Fri 10 May</td>
<td>Marita Fox  Margaret Vitanza  Melanie Bingham  Martina Noyle  Therese Oates  Christine Poole</td>
</tr>
</tbody>
</table>

*Please call Kelly on 3395 5236 if you cannot work on your rostered day.*