Dear Parents

Cyclical Review

Today we have welcomed to our school a number of visitors from Brisbane Catholic Education to conduct our Cyclical Review. Visitors included Mary Tsourounakis who is the Principal Education Officer for – Learning & Teaching ; Martin Wilkie currently Principal at St Columba’s, Wilston; Ken Avenell who is BCEC’s Manager of Professional Learning and Leadership Development; and our Area Supervisor from BCEC Neville McDonald.

The Cyclical Review is a process that occurs in all BCE schools every 5 years to review the school’s position and help plot a direction for the future. Across the course of the day the visiting panel met with Fr. Jerome, our Administration team, a panel of parents, a panel of staff members, Learning support staff and a panel of our Yr 7 Leaders.

My thanks to all who participated in this process that was a wonderful celebration of the many great things happening at Mt Carmel.

This afternoon I will receive an oral report affirming practices at Mt Carmel and in the coming weeks I expect to receive a formal written report which I look forward to sharing with the school community.

Cold and flu & other bugs and sickness in the school:

The recent change in weather has brought with it a spike in sickness at school. Numbers in sick bay have been growing rapidly over the last few weeks. Below I have listed suggestions from Qld Health to help combat the spread of these bugs and flu. I would appreciate it if all families could take some time to discuss these tips with your children. As health experts recommend, good hygiene is the best protection against the spread of germs.

Health tips include:

- Wash hands with soap and water after going to the toilet, before eating and after wiping noses.
- Cough and sneeze into your elbow - rather than your hands - or cover with a tissue
- If you use a tissue to cover your nose and mouth, put the tissue in the bin straight away
- Wash your hands afterwards with soap and water.

To try and limit the spread of illness could I also encourage parents to keep children at home if they are displaying symptoms of some of the flu and bugs currently doing the rounds at school.

Safety Alert – Button Batteries can be very hazardous.

Following a potentially serious incident at Mt Carmel a few weeks ago, I include in today’s newsletter excerpts from a letter from Dr Ruth Barker (Emergency Paediatrician, Mater Children’s Hospital; Director, Queensland Injury Surveillance Unit) to make parents aware of the dangers of button batteries:

“Recently one of the pupils at Mt Carmel required medical treatment after swallowing a disc battery. It is not clear where the battery came from. Many parents and staff would not be aware that disc batteries have the potential to cause severe damage if they are swallowed or inserted and become lodged at one site. Some batteries (even spent batteries) have enough charge to cause a chemical reaction that releases caustic hydroxide ions that burn through tissue. Most cases of injury involve batteries that become lodged in the oesophagus (food pipe) as in this child’s case. However, batteries have been reported to cause damage when inserted into the ear, nose and under the eyelid. Young children under 3 years are at highest risk and may not be able to report that they have inserted or swallowed a battery. However even older kids may not report for fear of getting into trouble.

Whilst injuries of this sort are particularly rare in the school environment, I believe that this is an opportunity to make staff and families aware of this potential hazard. Disc batteries are very common in the home environment. Please treat them as a dangerous item and keep them out of reach or dispose of them immediately when spent.”

(Continued Over)
I am pleased to report that the student from our school who was involved in this incident is now fine however potentially this could have been an extremely dangerous incident. Below I have included a link to a YouTube video that was shared with staff at a recent staff meeting that provides more information about this topic. http://www.youtube.com/watch?v=_mGr24ZD4PE

Confirmation 2013
Congratulations to all of the children who took part in Confirmation celebrations with the Bishops on Tuesday and Wednesday night at Mt Carmel. This is a very important step in the faith life of a Catholic. My thanks to all who were involved in ensuring the success of these celebrations.

School Fees
We still have a number of families who have not yet paid Term 2 fees accounts. To assist the school with the management of the school budget and the payment of our own bills it would be much appreciated if this could be sorted as soon as possible. Should there ever be any problem meeting fees commitments I encourage you to make an appointment to come and see me to speak confidentially. Thanks in anticipation of a positive response to this request.

I hope all have a great week. Go the Reds this weekend.

Regards

Peter Delaney
Principal
Our Lady of Mt Carmel Catholic Primary School
Coorparoo
mailto:pdelaney@bne.catholic.edu.au

From our Assistant Principal - Administration

TALENT QUESTS:
The Junior Talent Quest will be held in the Hall after lunch on the second last day of term, Thursday 20th June, followed by the Senior Talent Quest on the last day of term, Friday 21st June after the lunch break. Over the weeks leading up to this the Year 7 Committee co-ordinating this event will be auditioning students from each class and year level. Students can perform with children from other classes on their year level if they wish and each student can enter into two different acts (eg; one solo and one group). There will be ONE act from each class chosen to perform in the finals on the last two days of term.

RELIEF / STUDENT TEACHERS:
I am fortunate enough to have very reliable relief teachers to come to Mt Carmel to take classes when teachers are absent. If a teacher is away for more than one day I attempt to get the same relief teacher again for that class but that is not always possible. Having a relief teacher take your child's class on some days is going to be inevitable. In weeks 8 & 9 for example teachers on each year level will be attending planning sessions with our Curriculum Support Teacher and relief teachers will come in to take the relevant classes. We expect the same standard of behaviour and respect from the students, which I am happy to say does happen, no matter which teacher is in teaching the class on any given day.

We also have a number of student teachers on campus at the present time and those students are learning from their mentors and from the children many and varied lessons about the teaching profession. We greatly appreciate the time and effort our teachers give to assist these student teachers as they continue on their educational learning curve. Perhaps one of these trainee teachers might return to Mt Carmel some day as a fully fledged member of the teaching staff.

JUBILEE CONCERT:
Originally scheduled for Wednesday 5th June (State of Origin Game 1) the Jubilee Concert has now been rescheduled to the following Wednesday 12th June. We like to start promptly at 7.00pm for an 8.00pm finish but with some extra performances this year it may be an 8.15pm finish. I'm looking forward to seeing all our musically talented students on show.

PARENT PORTAL:
At the next P&F meeting on Tuesday night 11th June I will present the new Parent Portal. This portal will allow parents access to a host of information including calendar items, announcements, forms, newsletters, online services, family change of details, student absentees, music and sport information, etc. It will be a more secure environment than the current web site as anyone not a Mt Carmel parent will not have access. Eventually the current school web site will become a public web site with just the bare minimum of information on it about the school. Hopefully the Parent Portal will go "live" to all parents when we return from the June holidays.

Lions v Collingwood tomorrow night at the Gabba. Collingwood have not been playing their best so perhaps we have a chance.

Tony Shaw
As part of our busy world, it is not unusual to find that our children are becoming more and more stressed. From the moment a child is born, he or she is subjected to a host of expectations, first from their parents and then from the rest of the world. Ongoing stress in our children’s lives can have a detrimental impact on their learning at school; their social interactions with others and their general health and well-being. The best thing we can do for our children is to minimise the stress in their lives by:

⇒ **Not pushing them to do what they can’t or are not interested in:**
Many parents only want the best for their children and want to give them more opportunities in life than they had themselves. Yet, we need to be careful that we are not pushing them into endeavours which they are not suited to or can’t manage.

⇒ **Not comparing them to other children:**
As every child is different, we need to be careful not to compare children, either favourably or otherwise. Children are very quick to pick up on our perceptions of them and if they feel they are not meeting our expectations, they can become stressed. Children need to be given the right amount of encouragement and praise so that they remain level-headed and understand that win or lose, they must not lose confidence in themselves.

⇒ **Encouraging them to reach their goals:**
Support your child’s weaknesses but try not to highlight them. Instead, it is much more beneficial to identify your child’s strengths and work alongside them to nurture and develop these further. Often their strengths will be those attributes which lead them to success later on in life.

⇒ **Making it easy for them to talk to you:**
As a parent, we are truly successful when our children feel that they can come to us with their concerns, no-matter what they might be. When children talk about their problems, they learn to de-stress and put things into perspective.

⇒ **Understanding peer pressure and helping them deal with it:**
If your child is feeling the brunt of peer pressure, help them to learn to deal with it and move on. Try to help them build the skills to be able to solve some of their problems on their own as this will help them become well-adjusted and resilient in later life.

**Outside School Hours Care**

We offer some suggestions and children can choose to participate or be involved in other tasks:

- **Monday** Multi coloured pom-poms, My grandmother went to the market, Skill sticks, Super flyer Frisbee throwing, Shot put, Toss and catch.
- **Tuesday** Design different characters, Concentration game, Flower chain, Feather fly ball, Forty four home, Cup catch ball fun, Frog feet game.
- **Wednesday** Fabric fun, Spinning plates, Book marks, Rhythm ribbons, Jumping ball, Bean bag games, Walk right through, Adventure playground.
- **Thursday** Butterfly making, Monte Carlo, Make a mobile, Active after school sport activities, Hand ball competition, Jelly spike ball.
- **Friday** Collage making, Heads down thumbs up, Cone creatures, Mini volleyball, Foam javelin throwing, Bee net paddle ball.

Thank you to Mia, Harrison, and Jordan for their contribution to the weekly program activities.

Grace Pitt, Coordinator
Our Lady of Mount Carmel OSHC

**Woolworths Earn and Learn**

Please keep collecting stickers from Woolworths. Loose stickers or completed sticker booklets can be returned to the GREEN COLLECTION BOX in the school office or directly to the Resource Centre.
Resource Centre News

Book Fair Thank You!

Thank you to all the students and parents who supported the Book Fair. It was another amazing year. I have not counted up all the sales yet but I will be able to purchase a big selection of library titles.

Of course a very very special thank you goes to Mrs Allan for putting in some extra long hours to keep the Book Fair and the normal classes all going smoothly.

Congratulations to the following Book Fair prize winners

Name the Alien (Lucky draw)   Cuddle (Anyela  R.) and Cubby (Betty A.)
Guess the Book Stars (one drawn from correct answers) Eva D.
Stars in the Jar number guess – the number was 68. Harry I in 1C was the closest with a guess of 70.
Book Buyers Lucky Prize Draw – Sophia G, Holly M, Scarlett Z and Jaxson S.
CONFIRMATION at Our Lady of Mt Carmel

Congratulations to the Our Lady of Mt Carmel students listed here who celebrated the Sacrament of Confirmation on Tuesday and Wednesday nights this week.
Bishops Brian Finnigan and Joseph Oudeman, along with Frs Jerome and Matthew, joined with the children to celebrate this very important occasion and it was a very special night for all involved.

Jumping Pupils Day

This year we are having Jumping Pupils Day.

Why: To raise money for Vision Australia.

Date: Friday 14 June, 2013

Keep this day free.

For a gold coin donation you can come dressed in purple and green.

Participate in a whole school “Jump Off” at 8:15am

Buy green and purple cookies for 50cents.

Be part of the whole school skipping rotations between 11-1 pm

Make up a skipping routine to perform to the school after lunch.

Keep jumping.

Come to skipping practice for the Jumping Pupils Day.

When: At 8:00 to 8:20 on Tuesday and Friday.

Where: In the shed.

Thank you....

To everyone for supporting Rosies Day

We raised a total of $669.05!!

Confirmation @ OLMC

Sebastian Allan
Elizabeth Baker
Eliza Barry
Ruby Bates
Bereneice Bloder
Annabel Burgess
Elish Chapra
Lorna Clifford
Christiana Costi
Benjamin Craig
Jordan Curd
Amelia Dang
Alexandra Eberhardt
Fergus Farrell
Eva Garbati
Annabel Gavin
Sarah Giles
Jack Godwin
Thomas Godwin
Harry Grant-Smith
Nicholas Green
Benjamin Greer
Bilhah Haddock
Nicholas Hartley
Evie Henderson
Louis Henderson
Aisling Hennessy
Zara Ibrahim
Chloe Kinross
Grace Kinross
Lily Kratzmann
Sasha Kratzmann
Lucy Kreutzer
Jack Krujer
Benjamin Liddy
Liam Linnett
Ellen MacDonald
Nicolas Manero
Aiysha Matthews
Hamish McAdam
Lachlan McDonald
Hugh Mulligan
Isabelle Nicol
Robert O’Donnell
Evan O’Gorman
Luke Palmer
Samuel Palmer
Juliette Parer
Claire Parry
Elliot Poulsen
Cooper Prestridge
Matthew Ransom
Patrick Read
James Reid
Anna Rowland
Jordan Russell
Hugo Scott
Lauren Spiller
Lucy Stokes
Stefania Tesolin
Tom Twaddell
Ryan Walker
Harry Ward
Riley Watson

LAFFEYS MT GRAVATT TENNIS CENTRE

LAFFS TENNIS - FREE RACQUET OFFER
Enrolment forms for TENNIS COACHING THIRD TERM 2013 have been distributed and are to be completed and returned to the office by the due date: THURSDAY, 16 MARCH 2013.

FREE RACQUET OFFER: Any NEW pupil signing on for these lessons will receive at no charge a JUNIOR TENNIS RACQUET (value $34.95).

LADIES TENNIS: Any mother interested in getting back into tennis, contact our office, as we conduct socials, fixture days and cardio fitness workouts with our Master Club Pro. PHONE: 3343 5766

JUNIOR TENNIS FIXTURES SEASON TWO 2013 NEW PLAYERS CALL 3343 5766

We conduct BEGINNER, INTERMEDIATE and ADVANCED JUNIOR FIXTURES at our tennis centre on a weekly basis. Contact our office for details. ALL JUNIOR FIXTURES SUPERVISED BY COACHING PROFESSIONAL.

HOT SHOTS: An interactive training program for 4-7 years old. Conducted Saturday morning ... FREE JUNIOR RACQUET FOR ALL NEW PLAYERS. BOOKINGS: 3343 5766

ADULT TENNIS - FRIDAY EVENING: SOCIAL 7.30pm – 10.30pm All sets organized and supper provided SUNDAY MORNINGS: 8.30am – 11.30am. Organised tennis for players of fixture standard

SCHOOL HOLIDAY CLINICS:

1) COACH AND PLAY WORKSHOPS – 2 days. Monday and Tuesday the 24th & 25th of June, Wednesday and Thursday the 26th & 27th of June and Monday & Tuesday the 1st & 2nd of July

2) ADVANCED TACTICS WORKSHOPS – 2 days. Wednesday and Thursday the 3rd and 4th of July. Much qualify for playability criteria.

CLASS SIZES LIMITED/BBQ LUNCH INCLUDED/BOOKINGS & ENQUIRIES ON 3343 5766
Calling all those with green thumbs!

The Friends of Zumalai of Mt Carmel Parish are holding a fundraising plant stall after 8:30am mass on Sunday 15th September. Now is the time to start clipping/propagating and thinking about re-potting. All your beloved plants will be welcome (drop off will be on day before). We imagine that everything from herbs to saplings will be in demand. Any and all donations will be gratefully received. There will be more information nearer the time. If you have any questions please feel free to contact Aideen and Paul on 0412 781 162. Thank you!"

Photos from 6B Excursion to Pullenvale

ST JOACHIM’S SCHOOL FETE
SUNDAY 16 JUNE 2013
9AM-2PM

GREAT RIDES FOR BIG AND LITTLE KIDS
GIANT RAFFLE WITH GREAT PRIZES
WHITE ELEPHANT STALL SECONDHAND BOOKS
PLANTS SWEETS AND CAKE STALLS
LICENSED BAR AND ENTERTAINMENT ALL DAY
CAFÉ AND BBQ
ST JOACHIM’S SCHOOL
YULETIDE STREET AND CROW STREET, HOLLAND PARK

Tuckshop News :

Fri 31 May Megan Barry Simone Holmes Alicia Maunsell Kylie Kelly Michelle Park Amy Webber
Wed 5 Jun Helen Polson Joanna Crowe Gregoria Makras Erica McAllister
Thu 6 Jun Kath Eberhardt Rachael Patterson Alison Dann
Fri 7 Jun Maree Nucifora Nikki Reid Brianna Wall Kate Farrell Sarah Pretridge

Please call Kelly on 3395 5236 if you cannot work on your rostered day.
Fete Update:

- The Art Union Raffle has had an exciting makeover this year! Keep an eye out for your family’s Art Union tickets, which will come home via your oldest child within the next couple of weeks.

- **1st Prize** draw - $6,000 cash
- **2nd Prize** - 5 nights accommodation in a Deluxe Family Room (sleeps 2 adults & 2 children) at Hotel Grand Chancellor Surfers Paradise, incl. full buffet breakfast daily & carparking. Valued at $2,760 and kindly donated by a Mt Carmel Family & Hotel Grand Chancellor.
- **3rd Prize** - Apple iPad Mini (16GB), valued at $356 and kindly donated by Councillor Ian Kaye; & an iTunes gift card to the value of $100.

Fete Day News:

- Two Live Auctions will be held on fete day. These are fun events held during the morning and afternoon, conducted by professional auctioneers. All fete patrons are welcome to bid on the lots to win any number of fantastic bargains.
- The Multi-draw raffle is making a comeback in 2013. This is another wonderful opportunity to win prizes throughout the day. Fete patrons can buy their raffle tickets for the Multi-draw raffle at the information stand or from one of the roaming ticket sellers on the day. Two or three prizes are drawn every half hour across the day.

If you would like to donate prizes for the Live Auctions or Multi-draw raffle, please contact Paula Atkinson (0435100371/patkinson@bne.catholic.edu.au) or Louise Weir (lou.weir@bigpond.com).

Pick-a-Time!!! No this isn’t the name of an exciting new stall... It is the software that will allow you to volunteer at the Fete stalls online! Yes, this year scheduling for Fete stalls will move to a similar system as our parent/teacher interviews via the parent portal at the Mt Carmel website. More information will be forthcoming in the next few weeks about this online booking system.

Toddler ride armbands will be introduced this year for children aged between 3 & 4 years. Flexischools will also be used for ordering armbands. Details to come in the next few weeks.

Fete Night Security Convenor required. A volunteer Dad is required to oversee and manage the night security for Saturday night 3 August. The role entails organising a roster of Dads who stay at the school over night in short 1 or 2 hour shifts from 6pm 3 August until 7am Sunday 4 August. (Watching football and ordering pizza is also involved!) The convenor does not stay the whole night and normally does the first and last shifts only to manage the handover of keys. Please contact Tracy Laidlaw tracylaidlaw@optusnet.com.au, 0409 274 880 if you can help.

The book stall is looking forward to accepting your unwanted books for the fete. Look for more information in the first Fete Bulletin (due out 4 June) or contact Michelle (michelle@milners.net.au) or Orla (me@orlathompson.com).